

# FITNESS PLAYGROUND

ACADEMY

**DO WHAT  
YOU LOVE**

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OUR VISION

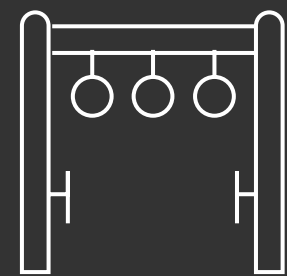
“Transform industry education.”

# WHAT WE DO

FP Academy offers free and paid fitness industry courses that provide the skills fitness professionals actually need to enjoy a successful career in a field they love. It's people-focused, practical education. Led by real fitness professionals in real gyms, coaching real clients. We create coaches who can help their clients achieve meaningful, long-lasting change. And, as a result, create themselves a meaningful, long-lasting career.



**People-focused, practical education**



**Real professionals, real gyms**



**Creating career coaches**

“A good coach can change a game,  
a great coach can change a life.”

JOHN WOODEN

# CERTIFIED COACH PROGRAM

READY TO MAKE A CAREER **DOING WHAT YOU LOVE?**



**01/** CERT. III  
IN FITNESS



**02/** CERT. IV  
IN FITNESS



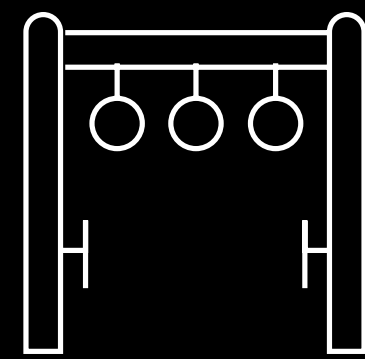
**03/** COMBINED CERT. III/IV  
IN FITNESS

# HOW ARE WE DIFFERENT?

Get practical face-to-face training as opposed to hours sitting at a screen. This 23-week course provides practical education in real gyms, working with real clients under the guidance of current professionals – before you have to do it solo.



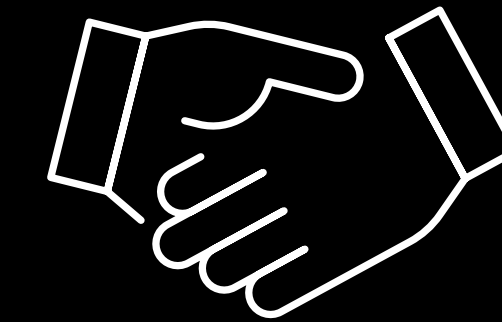
**140 HOURS**  
OF PRACTICAL  
EDUCATION



**REAL SESSIONS**  
REAL CLIENTS  
**REAL GYMS**



**MENTORED BY**  
INDUSTRY  
EXPERTS



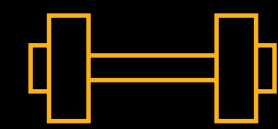
**JOB**  
OPPORTUNITY

# YOUR JOURNEY



## TOMORROW

Access your online platform & start your journey.



## COACH REAL CLIENTS

Put knowledge into practice with 5 weeks of coaching real clients, in real gyms.



## BACK TO THE CLASSROOM

Deepen your practical knowledge with another 5 weeks of workshops.



## FINISH YOUR ONLINE

Finish off the last of your online content, if you haven't already!



## FACE-TO-FACE WORKSHOPS

Kick off your first 5 weeks of face-to-face practical education.



## BREAK

Rest & recharge!



## BACK ON THE GYM FLOOR

Further your coaching skills with another 5 weeks of coaching real clients.



## YOU ARE QUALIFIED

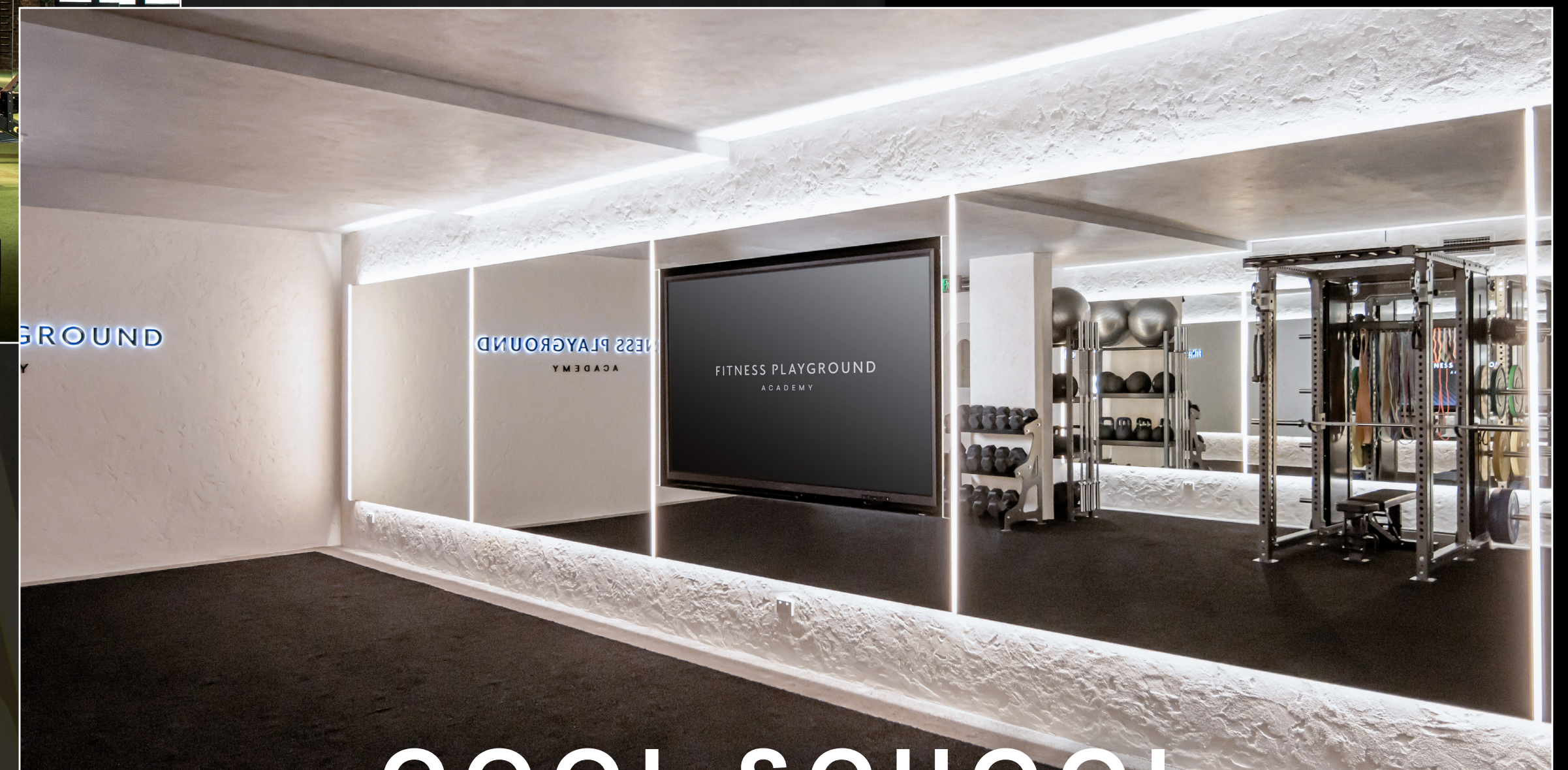
Congratulations! You're now set up for success. It's time for your opportunities & to do what you love.

# REAL GYMS



Learn in state-of-the-art facilities. Some learning will take place in a classroom but most of the time you'll be in the gym!

## IN-GYM LEARNING



## COOL SCHOOL



# WHAT OUR STUDENTS SAY



## KAREIM A, AGE 32

“I had been working as a warehouse manager for a food packaging company, there wasn't a lot of opportunity to grow. I had been training at the gym my whole adult life and I loved being at Fitness Playground so I enrolled in my Cert 3&4 with FP Academy. With live clients, I was able to put myself in the shoes of a coach and learn how to do it before I was expected to coach. I now have a job at Fitness Playground and I love it.”



## ELKE H, AGE 30

“I work in the finance industry and still enjoy it, but I was missing something an office job couldn't provide. I thought about becoming a PT for several years but always found too many barriers (time, money, effort). I then started training at Fitness Playground, met the amazing and highly qualified trainers and discovered FP Academy. I made a call, and remembered being told: 'Don't wait forever to let your dreams come true', so finally, I signed up!”



## JAMES M, AGE 29

“I was an international airline pilot. Covid-19 gave me some time off from flying and showed me how down and fatigued I'd become. It was time for change. I originally signed up for an online Cert 3&4 course but I came across FP Academy. Their course seemed much more relevant to what I needed to know, so I took a detour. The practical demonstrations and mentoring has given me solid foundations that I wouldn't have been able to get online.”

**INTERESTED? ONLY 20 SPOTS PER INTAKE.**

**APPLY NOW**

**FITNESS PLAYGROUND**

ACADEMY